













Monday

Chicken & Waffle

Chicken Tenders

Belgian Waffles

Butter

Syrup

Scrambled Eggs

Potato O' Brien

Cheese Grits

Turkey Sausage

Bacon

Tuesday

Bacon Egg & Cheese Bites

Croissants

Biscuits

Sausage Gravy

Breakfast Tacos

Scrambled Eggs

Potatoes w/Chorizo

Bacon

Refried Beans

Tortillas

Pico De Gallo

Shredded Cheese

Sour Cream

Wednesday

Chocolate Chip Pancakes

French Toast

Butter

Syrup

Scrambled Eggs

Grilled Ham Steak

Tater Tots

Oatmeal

Sausage Links

Thursday

Creamed Chipped Beef

Biscuits

Fried Chicken Cutlets

Scrambled Eggs

Homefries Bacon

Corned Beef Hash

Grits

Friday

Canadian Bacon Egg & Cheese Muffin

Farmers Casserole

French Toast Sticks

Syrup

Butter

Scrambled Eggs

Tater Tots

Bacon

Peppered Gravy

Country Fried Steaks

Biscuits

Oatmeal



LUNCH MENU OF THE WEEK # = Vegan * = Vegetarian

Classic Chicken Soup Grill **Healthy Choices Mongolian Grill** Vegetarian Pizza/Pasta Bacon/Homefries/Tater Tots Egg Muffins * **Grilled Steak Tips w/Onions** Eggs */Grits */Oatmeal * Cheeseburgers Salad & Deli bar Sunday Pasta Marinara # **Broccoli Cheddar * Maple Roasted Sweet Potatoes * Sausage Gravy & Biscuits** Bagels and Lox w/Capers, **Vegetable Medley # Blueberry Pancakes */French Toast *** Cheese Pizza * Onions, Boiled Eggs Cheeseburgers/Turkey **Rotisserie Chicken Beijing Beef Italian Sausage w/Peppers & Onions** Apple Pie Pizza * **Buffalo Wings Chicken Noodle Burgers/Veggie Burgers *** Fresh Vegetables# **Crispy Orange Tofu*** Monday Jasmine Rice # Vegan Pepperoni Pizza# Penne alla Vodka **Fried Chicken** Cream of Broccoli * Grilled Cheese */Blackened Catfish **Roasted Garlic Mashed** Chinese Veg # / Egg Rolls */ **Garlic Green Beans # Potato Wedges Broccoli Spears#/Garlic Bread* Baked Chicken Breast** Sandwich **Potatoes** Rangoons Jerk Chicken Spicy Hawaiian Pizza **Rosemary Roasted Potatoes Swiss Steaks** Cheeseburgers/Turkey **Buffalo Chicken Tenders** Tempura Shrimp/ Sweet Sour **Cheddar Potato Ham Chowder** Vegan Pepperoni Pizza # **Buttered Egg Noodles** Jasmine Rice# **Burgers/Veggie Burgers *** Shrimp & Krab Flatbreads * / **Fried Chicken** Sauce Tuesday **Chicken Noodle Potato Wedges** Steamed Broccoli # / **Baked Chicken Breast** Rolls/ Corn **Zucchini Garlic Butter * Grilled Cheese */Reuben** Lo Mein **Jamaican Beef Patties** Chinese Vegetables #/Eggrolls **Chicken Parmesan Pressed Cuban** Cheeseburgers/Turkey Teriyaki Pork Vegan Southwest Chicken # **Boom Boom Wings Meat Sicilian** Fettuccine #/Meat Sauce Sandwiches **Burgers/Veggie Burgers * Italian Wedding Potstickers Fried Chicken** Jalapeno Hushpuppies * Vegan Pepperoni Pizza # Wednesday Broccoli w/Garlic Butter & **Red Beans/ Potato Wedges Grilled Cheese */** Cream of Mushroom * Chinese Vegetables #/Eggrolls/Lo /Fried Mexican Street Corn * **Baked Chicken Breast** Parm Cheese */Breadsticks White Rice # **Cowboy Burgers** Mein **Plantains** Cheeseburgers/Turkey **BBQ Boneless Wings Beer Braised Country Style Ribs** Pepper Steak **Beef Noodle** Chimichurri Chicken Roasted Vegetable & Chicken & Mushroom Stromboli **Burgers/Veggie Burgers * Fried Chicken** White Rice # / Lo Mein * **Creamy Roasted Thursday** Fresh Green Beans # **Gouda Grilled Cheese*** Vegan Pepperoni Pizza # **Potato Wedges Grilled Cheese */ Southern Fried Yellow Squash Chinese Vegetables Garlic and Chicken Roasted Sweet Potatoes # Zucchini Fries* Baked Chicken Breast Chicken Waffle Sandwich** Cornbread * **#/Eggrolls *** Stuffed Shells w/ Cheeseburgers/Turkey **Chicken Nuggets Orange Chicken** Veggie Lover's Pizza * **Herb Crusted Swai Mushroom Pork Medallions Fried Chicken** Mushroom Marinara * **Burgers/Veggie Burgers *** Jasmine rice # Vegan Pepperoni Pizza # Alphabet Soup **Lobster Mac n Cheese** Spinach w/Walnuts # **Potato Wedges** Cheese Bread * / Vegan **Friday** Grilled Cheese */Buffalo Chicken Egg Rolls * / Lo Mien* / Rangoons **Baked Chicken Breast New England Clam Chowder Vegetable Medley # Roasted Red Potatoes #** Meatballs # **Grilled Cheese** Pasta Marinara # Eggs */Grits */Cream of Wheat * Meatloaf/Mashed Egg and Cheese Muffins * Bacon/Sausage/Homefries#

Salad & Deli bar

Hash Browns#/Cheeseburgers

Sausage Gravy & Biscuits

Pancakes * / Blueberry French Toast

Casserole *

Cheese Pizza *

Chicken & Rice

Potatoes/Gravy

Peas & Carrots #

Rolls *

Saturday

	Soup	Classic	Grill	Mongolian Grill	Vegetarian	Pizza/Pasta	Chicken
Sunday	Broccoli Cheddar *	Chicken Alfredo Broccoli # Fettuccine #/Breadstick *	Cheeseburgers/Turkey Burgers Loaded Bacon Cheese Fries	General Tso Beef Jasmine Rice # Egg Rolls *	Bean Burritos / Refried Beans * Flour Tortillas * / Lettuce # /Salsa #/ Sour Cream/ Cheese	Pasta Marinara # Pepperoni & Cheese Pizzas Baked Chicken Breast	Cilicken
Monday	Cream of Tomato Pasta E Fagioli	Carved Roast Beef / Au Jus / Horsradish Sauce Roasted Red Potatoes # Vegetable Medley #/Dinner Rolls *	Cheeseburgers/Turkey Burgers/Veggie Burgers * Chili Cheese Dogs	Chicken Teriyaki Jasmine Rice # ninese Vegetables #/Eggrolls/Lo Mein *	Keto Cauliflower "Mac n Cheese' Garlic Toast *	Meatball Sicilian Pizza Baked Chicken Breast	Buffalo Wings Fried Chicken Potato Wedges
Tuesday	Chicken Noodle Cream of Broccoli *	BBQ Chicken Quarters Collard Greens / Southern Green Bea Potato Salad* / Cole Slaw*	Cheeseburgers/Turkey Burgers/Veggie Burgers * Fried Fish Sandwiches	Taco Bar/Taco Beef/Taco Chicken Spanish Rice/Refried Beans/Tortillas Toppings	Vegan BBQ "Chicken" Slide Sweet Potato Fries #	rs Chicken Parm Stromboli Baked Chicken Breast	Boneless Wings Fried Chicken Potato Wedges
Wednesday	Italian Wedding Cream of Mushroom *	Kielbasa w/Onions Sour Cream & Chive Mashed Potatoes * Southern-Style Cabbage / Corn Muffins*		Sweet Sour Chicken Jasmine Rice #/Chinese Vegetables # Lo Mein */Egg Rolls	Buffalo Tofu Wraps* Corn Fritters*	Pepperoni & Sausage Pan Pizza Baked Chicken Breast	Chicken Nuggets Fried Chicken Potato Wedges
Thursday	Beef Noodle Creamy Roasted Garlic and Chicken	Cuban Mojo Pork/Cuban Bread * Yellow Rice #/Black Beans # Tostones # / Fired Yucca#	Cheeseburgers/Turkey Burgers/Veggie Burgers * Jerk Chicken Pita	Bourbon Chicken M Lo Mien * / Jasmine Rice # Chicken Potstickers	Mac n Cheese Bar * / Grilled Mush Scallions/Shredded Cheese Diced Tomatoes		BBQ Boneless Wings Fried Chicken Potato Wedges
Friday	Alphabet Soup New England Clam Chowder	Yankee Pot Roast Potatoes #/Carrots #/Celery# Biscuits */Brown Gravy	Cheeseburgers/Turkey Burgers/Veggie Burgers * Pulled Pork Grilled Cheese	Asian Rib Tips Jasmine Rice # Chinese Vegetables #/Eggrolls/Lo Mein *	Roasted Apsaragus w/Parm Che * Mashed Cauliflower *	ese Meat Lover's Pizza Baked Chicken Breast	Buffalo Chicken Tenders Fried Chicken Potato Wedges
Saturday	Car Chicken & Rice	Stutting/Gravy	Cheeseburgers/Turkey Burgers/Veggie Burgers * calian Sausage w/Peppers & Onions	Nacho Bar Beef/Chicken/Spanish Rice#/ Refried Beans # Toppings/Nacho Cheese*	Fried Cheese Curds Ranch Dip *	Pepperoni & Cheese Pizzas Baked Chicken Breast	