

# LUNCH MENU OF THE WEEK

	Soup	Classic	Grill	Healthy Choices	Mongolian Grill	Vegetarian	Pizza/Pasta
Sunday	Broccoli Cheddar	Steak Tips w/ Onions Sweet Potatoes Vegetable Medley	Bacon, Fries, Tater Tots Cheeseburgers Andouille Sausage Hash	Salad & Deli	Eggs, Grits, Oatmeal, Pancakes, French Toast Biscuits & Gravy		Egg Muffins Pasta Marinara Cheese Pizza
Monday	Cream of Tomato Bean & Bacon Soup	Apricot Glazed Ham Scalloped Potatoes Broccoli Spears, Dinner Rolls	Blackened Catfish Sandwich	Rotisserie Chicken Fresh Vegetables Jasmine Rice	Beijing Beef Lo Mein Veggies & Egg Rolls	Gemelli with Sundried Tomatoes & Garlic Green Beans	Apple Pie Pizza Vegan Pep Pizza Baked Chicken Breast
Tuesday	Chicken Noodle Cream of Broccoli	Beef/Bean Chimichangas Spanish Potatoes Refried Beans	Reuben Cheeseburgers Veggie Burgers	Jerk Chicken Gungo Peas and Rice Steamed Broccoli	Sweet & Sour Tempura Shrimp Fried Rice Veggies & Egg Rolls	Portobello Tortellini Cheesy Herb Baguette Zucchini Garlic Butter	Spicy Hawaiian Pizza Vegan Pep Pizza Baked Chicken Breast
Wednesday	Italian Wedding Cream of Mushroom	Chicken Parmesan Fettuccine w/ Meat Sauce, Garlic Broccoli, Breadsticks	Cowboy Burger	Pressed Cubans Red Beans, White Rice, Plantain Chips	Teriyaki Pork Jasmine Rice, Lo Mein, Veggies, & Egg Rolls	Roasted Vegetable & Gouda Grilled Cheese Zucchini Fries	Meat Sicilian Vegan Pep Pizza Baked Chicken Breast
Thursday	Beef Noodle Cream of Potato	Beer Braised Ribs White Rice, Fried Squash, Corn Bread	Chicken & Waffle Sandwich	Chicken Souvlaki Green Beans Greek Potatoes	Pepper Steak Lo Mein Veggies & Egg Rolls	Vegan Philly Grinders Penne al Pomodoro	Chicken & Mushroom Stromboli Baked Chicken Breast
Friday	Alphabet Soup Clam Chowder	Herb-Crusted Swai Orzo Pilaf, Vegetable Medley	Buffalo Grilled Cheese	Mushroom Pork Loin Spinach w/ Walnuts Roasted Red Potatoes	Orange Chicken Jasmine Rice, Lo Mein, Veggies, & Egg Rolls	Shells w/ Mushroom Marinara Cheese Bread Vegan Meatballs	Veggie Lover's Pizza Vegan Pep Pizza Baked Chicken Breast
Saturday	Chicken & Rice	Meatloaf, Mashed Potatoes, Gravy, Peas & Carrots	Bacon, Fries, Sausage, Cheeseburgers, Hashbrowns	Salad & Deli	Eggs, Grits, Oatmeal, Pancakes, Blueberry French Toast, Biscuits & Gravy		Egg & Cheese Muffins Pasta Marinara Cheese Pizza

# DINNER MENU OF THE WEEK

	Soup	Classic	Grill	Chicken	Mongolian Grill	Vegetarian	Pizza/Pasta
Sunday	Broccoli Cheddar	Chicken Alfredo Broccoli Bread Sticks	Loaded Bacon Cheese Fries		General Tso Beef Jasmine Rice Egg Rol	Bean Burritos, Refried Beans, Salsa, Sour Cream, Cheese	Pasta Marinara Pepperoni Pizza
Monday	Cream of Tomato Bean & Bacon Soup	Carved Roast Beef Roasted Red Potatoes Vegetable Medley	Chili Cheese Dogs	Buffalo Chicken Wings	Chicken Teriyaki Jasmine Rice Veggies & Egg Rolls	Keto Cauliflower "Mac n Cheese" Garlic Toast	Pep & Sausage Calzones Baked Chicken Breast
Tuesday	Chicken Noodle Cream of Broccoli	BBQ Chicken Quarters Southern Green Beans Potato Salad	Breakfast Burger	Chicken Tenders	Taco Bar: Beef or Chicken, Rice, Refried Beans, Tortillas, and Toppings	Vegan BBQ "Chicken" Sliders	Tomato White Pizza Baked Chicken Breast
Wednesday	Italian Wedding Cream of Mushroom	Keilbasa w/ Onions Chive Mashed Potatoes Southern-Style Cabbage	Cheese Sticks w/ Marinara	Boom Boom Boneless Wings	Sweet & Sour Chicken Jasmine Rice Veggies & Egg Rolls	Buffalo Tofu Wraos Corn Fritters	Sausage Pepper Onion Pizza & Baked Chicken Breast
Thursday	Beef Noodle Cream of Potato	Cuban Mojo Pork Yellow Rice Fired Yucca	Jerk Chicken Pita	BBQ Boneless Wings	Asian Rib Tips Lo Mein & Rice Chicken Pot Stickers	Mac & Cheese Bar	Pepperoni Pan Pizza Baked Chicken Breast
Friday	Alphabet Soup Clam Chowder	Yankee Pot Roast Potatoes, Carrots, & Celery Biscuit	Pulled Pork Grilled Cheese	Chicken Nuggets	Bourbon Chicken Lo Mein & Rice Veggies & Egg Rolls	Roasted Asparagus w/ Parm Cheese Mashed Califlower	Meat Lover's Pizza Baked Chicken Breast
Saturday	Chicken & Rice	Carved Turkey Breast Stuffing, Green Beans, Gravy	Italian Sausage Sandwich		Nacho Bar	Fred Cheese Curds w/ Ranch Dip	Pasta Marinara Cheese Pizza